



SUPERBILL USER GUIDE

A Quick Guide to Getting Reimbursed
for Out-of-Network Services

WHAT'S A SUPERBILL?

A superbill is like a medical receipt. It includes everything your insurance needs to consider to reimburse you for services you paid for out-of-pocket.

WHAT'S ON A SUPERBILL?

Your provider's info (name, credentials, NPI, license, tax ID)

Date of service

Diagnosis code (1CD-10) (e.g. autism, sensory processing, fine motor delay)

Treatment code (GPT) (e.g. OT eval, therapeutic activities)

Amount paid by you

HOW DO I USE IT?

Pay for your visit upfront

Get a superbill from us after your session

Submit it to your insurance (via their website, app, or mail)

Wait for reimbursement (if eligible under your plan)

THINGS TO KNOW

We are out-of-network, so your reimbursement will be specific to your plan coverage. Check your out-of-network benefits first.

NEED HELP?

We're happy to walk you through it,
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